

WORKSHOP
Pushing Back Against Everyday Sexism
10.09.2022

14.00-17.30, salle à définir

Description and objectives

This workshop is designed to support women in increasing their skills in identifying and countering potential negative effects of bias and discrimination in their lives and for those around them. During the workshop, we will practice proactive techniques for professional situations and reactive techniques to respond when we see or hear something prejudiced. The focus will primarily be on addressing bias encountered in other people, however we will also explore how we have each internalized some beliefs which are not necessarily coherent with our professed views.

The workshop will address the following topics:

- Recognizing and challenging discrimination in your life (micro-aggressions, intersectionality, implicit bias, mansplaining);
- Structuring interactions and collaborations for equity, creativity and excellence;
- Strengthening our ability to respond to discrimination, which supports ourselves and our communities.

Methods

This workshop is resolutely participative and will employ multiple strategies to promote personal reflection, small group discussion and collaborative problem solving.

Preparation

Please fill in the survey (link on Moodle) in order to express your needs and expectations about the topic. You are also invited to take an online test on implicit bias as an introduction to the topic (link on Moodle).

Trainer

Dr. Siara Isaac, researcher at the Centre for Learning Sciences, EPFL.

Language

The workshop will be given in English. Participants can speak in French or English as preferred.